CDC DANCE

Contemporary Modern Jazz & Street Dance





We aim to develop technique and improve fitness, confidence and self-esteem, in a varied, challenging program

Bag your **FREE** taster now:
https://www.cdcdance.co.uk/contact

Class Groups

Intro Street
(Primary aged - 6yrs+)
Progress Street
(Approx. 10yrs+)
Tuesdays 5:45pm – 6:30pm
Street SQUAD!
Tuesdays 6:30pm – 7:30pm

Contemporary Modern Jazz (CMJ)

NEW Intro & Progress CMJ
Fridays 4pm - 5:30pm
Advanced CMJ
Fridays 5:30pm – 7pm

What Do We Do?

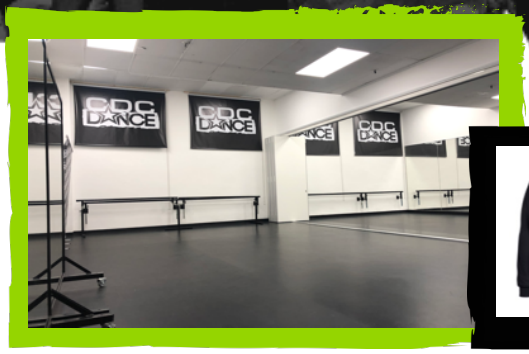
CDC Dance Ltd teaches both the **IDTA & iD-Company syllabi.** So, we draw on the UK's top independent **Freestyle, Contemporary Modern Jazz** and **Street Dance** training organisations. They are created by renowned choreographers and teachers from the UK's leading dance colleges, and aim to develop dancers through innovative, fresh, and inspiring syllabuses.

Contemporary dance is a style of expressive dance that combines elements of several dance genres including modern, jazz, lyrical, classical ballet and more recently street dance. Contemporary dancers work to connect the mind and the body through fluid and dynamic dance movements. Unlike the strict, structured nature of ballet. Contemporary dancers focus on floorwork, using gravity to pull them down to the floor. This dance genre is often done in bare feet. Contemporary dance can be performed to many different styles of music.

Street dance is an umbrella term that people use to cover a variety of dance styles, several of which feature in our sessions, including:
Hip-Hop - House - Breaking - Popping - Locking - Waacking - Waving – Tutting - Commercial
Dance colleges are now training dancers in these specialist areas and some classically trained dancers find it hard arriving at college without having their basic training. If our dancers would like to work and dance for the world's leading artists and shows like Britain's Got Talent, they will need to learn these styles as early as possible.









Where Are We?

CDC Dance Ltd

Above Poundland/Clarks

153 High Street
Kings Heath
Birmingham
B14 7DG

Our 2019 renovated studios are above Poundland & Clarks, the doorway is to the left of Poundland's entrance, shared with Foundry Gym, with stairs only up to the first floor

If travelling by car, the Europark or St Dunstan's car parks behind the building on Institute Road are the closest places to park

Facilities

Our newly refitted venue boasts:

- 3 studios, with a folding partition
- wall between studios 1 & 2, allowing a more flexible space;
- toilets with baby change and a 'Little People' toilet;
- a changing room with lockers;
- video entry/exit security system;
- CDC staff & guest wifi broadband;
- Bose sound system;
- big screen projection equipment;
- Le Mark dance flooring;
- full dance safety mirrors;
- barres;
- AcroPAD inflatable floor, roller & crash mats
- Industrial fogger for anti-viral cleaning

What to Wear

Our older **GIRLS** wear their choice of black leotard with CDC Dance branded bottoms – leggings / joggers / shorts
In class they can wear the CDC crop top or vest, however, need a leotard for CMJ & freestyle exams

BOYS wear white sleeveless leotard or vest and black CDC Dance branded bottoms – leggings / joggers / shorts

GIRLS & BOYS choice of CDC Dance branded black T shirt / sweatshirt / hoodie / onesie / fleece / fitted jacket

ALL need black jazz shoes or trainers for Street. Jazz shoes and foot thongs or socks for Contemporary

All uniform & shoes can be bought on our website: https://www.cdcdance.co.uk/shop

Clothes/footwear suitable for dance activities are fine initially

Terms - 2026

The first class is a FREE taster. You can then pay cash/card weekly for the first month before switching onto advance monthly payments via GoCardless DD

Monthly fees are calculated as:
(Weekly Fee x 40 weeks) * Divided by 12 months

Class	1st Sibling Monthly Fee (single class fee)	2nd Sibling monthly fee (single class)	3rd Sibling
Up to 1 hour Street	£30 (£9)	£25 (£7.50)	FREE
Contemporary Modern Jazz 1.5 hrs	£45 (£13.50)	£40 (£12)	FREE

In addition to the monthly class fee, there is a £2.50 per customer/family, per month, admin fee payable and an annual membership fee, due at the start of each calendar year & pro-rata for remaining months of the year when first join.





