

# CDC DANCE

## Multi-Discipline Dance Classes



We aim to develop technique and improve fitness, confidence and self-esteem, in a varied, challenging program

Bag your **FREE** taster now:  
<https://www.cdcdance.co.uk/contact>

## Class Groups

**Advanced Juniors** (approx. school Y5 - Y7)  
Saturdays 9am - 11:15am  
Wednesdays 4pm - 6:15pm

**Intermediates** (approx. school Y6-Y9))  
Saturdays 9am - 11:15am  
Thursdays 5pm - 7:15pm

**Seniors** (Y10+)  
Thursdays 5:30pm - 8pm



## What Do We Do?

Our popular term time classes train older children and teens in a variety of dance disciplines including **Tap, Ballet, Contemporary Modern Jazz, Street and Acrobatics**, in a positive and supportive environment.

Our older dancers complete regular **strength, fitness and flexibility training** and are taught additional styles such as **Freestyle, Commercial and Theatre Craft**; students are encouraged to put forward their own ideas and contribute to choreography.

Our experienced teaching team draw on a broad spectrum of training and qualifications with various Associations to ensure we deliver first class, current, safe and effective training.

Although we work to a progress and event schedule: bi-annual charity showcases at prestigious theatres & and we hold regular IDTA examinations sessions, our focus is very much on positivity and enjoyment; we want every student, every week, to have a great experience and look forward to their next class.



# Where Are We?

## CDC Dance Ltd

\*\*\*Above Poundland/Clarks\*\*\*

153 High Street  
Kings Heath  
Birmingham  
B14 7DG

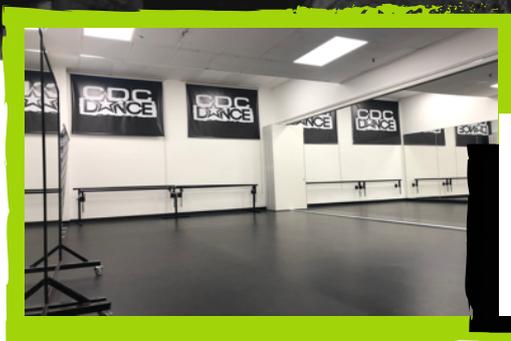
Our 2019 renovated studios are above Poundland & Clarks, the doorway is to the left of Poundland's entrance, shared with Foundry Gym, with stairs only up to the first floor

If travelling by car, the Europark or St Dunstan's car parks behind the building on Institute Road are the closest places to park

## Facilities

Our venue boasts:

- 3 studios, with a folding partition
- wall between studios 1 & 2, allowing a more flexible space;
- toilets with baby change and a 'Little People' toilet;
- a changing room with lockers;
- video entry/exit security system;
- CDC staff & guest wifi broadband;
- Bose sound system;
- big screen projection equipment;
- Le Mark dance flooring;
- full dance safety mirrors;
- barres;
- AcroPAD inflatable floor, roller & crash mats
- Industrial fogger for anti-viral cleaning



## What to Wear

Our older **GIRLS** wear their choice of black leotard with CDC Dance branded leggings/joggers/shorts

In class they can wear the CDC crop top or vest, however, need a leotard for exams

**BOYS** wear white sleeveless leotard or vest and black CDC Dance branded leggings/joggers/shorts

**GIRLS & BOYS** choice of CDC Dance branded black T shirt / sweatshirt / hoodie / onesie / fleece / fitted jacket

**ALL** need black tap shoes, pink or black ballet shoes, black jazz shoes

All uniform & shoes can be bought on our website: <https://www.cdcdance.co.uk/shop>

Clothes suitable for dance activities and trainers/pumps are fine initially

## Terms 2026

The first class is a **FREE** taster. You can then pay cash/card weekly for the first month before switching onto advance monthly payments via GoCardless DD

Monthly fees are calculated as:

**(Weekly Fee x 40 weeks) \* Divided by 12 months**

Class	1st Sibling Monthly Fee	2nd Sibling Fee	3rd Sibling
Adv Juniors, Inters, Seniors	£50 (£15 per class)	£45 (£13.50 per class)	FREE

In addition to the monthly class fee, there is a £2.50 per customer/family, per month, admin fee payable and an annual membership fee, due at the start of each calendar year & pro-rata for remaining months of the year when first join.

