# CDC DANCE

## Multi-Discipline Dance Classes





We aim to improve general fitness, confidence and self-esteem at a pace that suits each individual

Bag your **FREE** taster now:
https://www.cdcdance.co.uk/contact

## What Do We Do?

Our popular term time classes introduce preschool & primary aged children to a variety of dance disciplines including Tap, Ballet, Contemporary Modern Jazz, Freestyle, Street & Acrobatics, in a nurturing, fun-filled environment

Although we work to a progress and event schedule: bi-annual charity showcases at prestigious theatres & we hold regular IDTA rosette, medal & grade examinations sessions, our focus is very much on positivity & enjoyment; we want every child, every week, to have bucket loads of fun & look forward to their next class

Each class group has a Star of the Week award to encourage every individual & recognise their efforts & progress

Parents don't generally stay onsite during classes, especially since Covid, where we aim to minimise the number of people in the building.

## Class Groups

**Tiddlers** (preschool, YR, Y1)
Tuesdays 4pm – 4:45pm, or
Saturdays 1pm – 1:45pm

**Infants** (YR, Y1, Y2)
Tuesdays 4pm-5:45pm, or
Saturdays 11:15am - 1pm

**Juniors** (Y3, Y4, Y5)
Wednesdays 4 - 6:15pm, or
Saturdays 11:15am – 1:30pm









# Where Are We?

**CDC Dance Ltd**

***Above Poundland/Clarks***

153 High Street
Kings Heath
Birmingham
B14 7DG

Our 2019 renovated studios are above Poundland & Clarks, the doorway is to the left of Poundland's entrance, shared with Foundry Gym, with stairs only up to the first floor

If travelling by car, the Europark or St Dunstan's car parks behind the building on Institute Road are the best places to park

# Facilities

Our venue boasts:

- 3 studios, with a folding partition wall between studios 1 & 2, allowing a more flexible space;
- toilets with baby change and a 'Little People' toilet;
- a changing room with lockers;
- video entry/exit security system;
- CDC staff & guest wifi broadband;
- Bose sound system;
- big screen projection equipment;
- Le Mark dance flooring;
- full dance safety mirrors;
- barres;
- AcroPAD inflatable floor, roller & crash mats
- Industrial fogger for anti-viral cleaning

# What to Wear

All our younger **GIRLS** wear a black sleeveless leotard, CDC Dance leggings & skirt. The CDC Dance branded items such as crop top or vest can be worn but the leotard & skirt are the essential uniform items

**BOYS** wear white sleeveless leotard or vest and black CDC Dance branded leggings / joggers

**GIRLS & BOYS** choice of CDC Dance branded T shirt / hoodie / onesie / fleece / shorts / joggers / fitted dance jacket

**ALL** need black tap shoes, pink or black ballet shoes, black jazz shoes & white dance socks

All uniform & shoes can be bought on our website: https://www.cdcdance.co.uk/shop

Clothes suitable for dance activities and trainers/pumps are fine initially

# Terms 2026

The first class is a FREE taster. You can then pay cash/card weekly for the first month before switching onto advance monthly payments via GoCardless DD

Monthly fees are calculated as:

**(Weekly Fee x 40 weeks) * Divided by 12 months**

| Class | 1st Sibling Monthly Fee | 2nd Sibling Fee | 3rd Sibling |
|---|---|---|---|
| **Tiddlers** | £30 (£9 per class) | £25 (£7.50 per class) | FREE |
| **Infants** | £45 (£13.50 per class) | £40 (£12 per class) | FREE |
| **Juniors** | £50 (£15 per class) | £45 (£13.50 per class) | FREE |

In addition to the monthly class fee, there is a £2.50 per customer/family, per month, admin fee payable and an annual membership fee, due at the start of each calendar year & pro-rata for remaining months of the year when first join.



